

Humana Healthy Horizons Associates Help Expand Fresh Food Access for South Florida Families

Food insecurity continues to affect families across Florida, including many households in South Florida facing rising costs and increasing barriers to nutritious food. In response, Humana Healthy Horizons associates recently joined with Mobile School Pantry to help bring healthy groceries directly to families in a familiar and accessible setting.

Mobile School Pantry is a nonprofit organization that delivers client-choice food pantries to Title I schools, helping families choose the foods that best meet their household needs. The school-based model helps reduce common barriers such as transportation challenges and stigma, while creating a welcoming environment where families can access fresh and shelf-stable foods with dignity.

During the volunteer event, the large group of Humana Healthy Horizons associates contributed a total of 68 volunteer hours. Volunteers helped unload the delivery truck, organize fresh and shelf-stable food items, and prepare a supportive distribution space for families. Together, the team helped serve more than 350 local families.

Access to nutritious food is closely connected to overall health and well-being. When families have reliable access to healthy meals, children are better positioned to learn, adults are better able to manage daily responsibilities, and communities are strengthened. By partnering with organizations like Mobile School Pantry, Humana Healthy Horizons is helping meet families where they are and supporting practical solutions that address both immediate needs and broader drivers of health.

This effort reflects Humana Healthy Horizons' ongoing commitment to improving community health and supporting Floridians through local engagement and meaningful partnerships. It also highlights the important role health plans can play beyond clinical care working alongside community organizations to help remove barriers and promote healthier futures for children and families across the state.

Through volunteerism, collaboration, and a shared commitment to service, Humana Healthy Horizons associates are helping make a meaningful difference for South Florida families one pantry, one partnership, and one household at a time.

