

Simply Healthcare Advances Youth Wellness at Osceola Youth Summit

On January 28, Simply Healthcare Plans participated in the *Osceola Youth Summit: Physical & Mental Health* hosted by the Boys & Girls Club of Central Florida in Kissimmee. The event convened approximately 60 youth and community members for an interactive forum focused on physical wellness, mental health awareness, and practical strategies to support healthy lifestyles. The summit created a collaborative environment where young people and families engaged in discussions reinforcing the connection between emotional wellbeing and overall health.

The Simply Healthcare Plans organization played an active role in supporting the event's objectives by providing education on available health plan benefits, sharing community resources, and engaging directly with families to promote awareness of programs designed to support children and adolescents. The organization's presence reflected its broader commitment to preventive care, early intervention, and community-based health solutions.

As part of its continued investment in youth-focused initiatives, Simply Healthcare Plans provided \$15,000 in funding to the Boys & Girls Club of Central Florida to strengthen and expand mental health programming. This contribution supports sustainable programming centered on resilience-building, stress management, and access to supportive services for children and teens.

Through participation in educational activities and interactive engagement opportunities, Simply Healthcare Plans reinforced its role as a trusted community partner dedicated to advancing youth wellness and strengthening health outcomes across Osceola County.