

WATCH THE SESSION: Connecting Care for Chronic, Maternal, and Behavioral Health Challenges

How integrated virtual care can improve outcomes, reduce avoidable utilization, and advance health equity

Columbia, MD. (August 2026) – Health plans continue to face the challenge of supporting members whose maternal, behavioral, and chronic health needs are interconnected, but too often managed in separate silos. Vheda Health’s on-demand education session, “**Connecting Care: Virtual Solutions for Chronic, Maternal, and Behavioral Health Challenges**,” explores how health plans can use an integrated, whole-person approach to close care gaps, improve engagement, and drive more measurable outcomes for high-risk populations.



What You’ll Learn

The need for connected care

Explore why an integrated approach to chronic, maternal, and behavioral health is essential for members managing multiple conditions, particularly in rural and underserved communities. The education session discusses how fragmented care can contribute to missed follow-up, avoidable emergency department use, hospital readmissions, and poorer maternal outcomes.

Actionable strategies for health plans

See how predictive analytics, continuous engagement, provider collaboration, and verified care completion can help health plans turn risk signals into timely interventions and support quality, equity, and total-cost-of-care goals.

Measurable results

The education session shares outcomes across high-risk Medicaid populations, including 80% device adherence, up to 70% behavioral health engagement in one quarter, up to a 20% reduction in total cost, up to a 22% decrease in emergency room visits, and 11.5% fewer maternal admissions.

Sign up to become a Vheda Insider to watch the education session on demand and access additional resources, insights, and strategies for improving outcomes, advancing health equity, and reducing avoidable costs.

About Vheda Health

Vheda Health is an outcomes and analytics company that partners with Medicaid, Medicare, and SNP health plans to reduce avoidable medical spend by driving measurable reductions in emergency room utilization and inpatient admissions. With more than 13 years of experience, Vheda identifies high-risk members, engages them continuously, and intervenes early to prevent costly events, delivering more than 80% member engagement and an average 3:1 return on investment. Vheda supports high-impact use cases including chronic conditions, behavioral health, and maternity, using a scalable, closed-loop care model designed to improve outcomes while lowering total cost of care. The most trusted government payers partner with Vheda Health to create a better healthcare experience that empowers people to live their best life. For more information, please visit vheda.com or follow us on [LinkedIn](#).

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